

Cupping Massage

Saturday, November 10, 9:00-5:00

Instructor: David Schroevalier, RMT, RAC

Max Participant #: 20



Cupping massage blends ancient techniques of dry cupping with current therapeutic values. Terms like stagnation, warming, detoxification, and dampness were once used to describe general health issues that would require cupping. Today, we use terms like fascial restriction, blood flow, range of motion, hydration, and repetitive strain injury. Cupping massage brings the ancient arts into modern clinical practice. This course will provide both theoretical and practical components, emphasizing the use of cupping within today's therapeutic clinic. Discussions about its physiological effects, indications and contraindications will provide a knowledge foundation, and the application of the techniques will demonstrate its immediate effectiveness. The result will be a grounded and in-depth understanding of how to apply cupping with the expectation of specific and measurable results for the therapist and the client. By the end of this one-day course, the participant will be able to integrate cupping massage into their practice.

Equipment Purchase: Unless you already own a set, you will be required to purchase your own cupping set from David on the day of the course. The cost is \$60 + HST payable by cheque, cash, e-transfer.

Instructor:

David is a massage therapist, craniosacral therapist and acupuncturist, and has been the owner of Schroevalier Therapeutics since 1996. He was the Director of Practical at CCMH, where he taught subjects from anatomy to treatment applications. He went on to co-create and direct the College of Acupuncture & Therapeutics, a successful private school of professional development for health care professionals. He has presented in various venues from small classes to large conferences. David's passion for anatomy and energetics has given him a grounded understanding of anatomy and the mechanics of movement, as well as a deeper knowledge of how energy and fluid dynamics affect the overall wellbeing of an individual. His clinical practice is filled with variety but he specializes in rehabilitation work and women's health issues. David's professional goal, both in caring for his clients and in teaching, has been to "Enlighten, Encourage and Empower" so that each individual reaches their greatest potential.



Cost:

Regular: \$199.00 + HST
Early Bird: \$175.00 + HST by October 22, 2018
S-C Alumni: \$170.00 + HST
Early Bird: \$150.00 + HST by October 22, 2018

Location:

Sutherland-Chan School
330 Dupont St, Suite 400
Toronto ON

Contact Person:

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